



## BGO Interview Guide

Category	Example Interview Question	Above Avg answer	Below Avg answer
Motivation to Serve	1. Why do you want to attend USNA and when did your desire first begin?	Communicates sincere desire to serve in Navy and highlights examples that prove credible enthusiasm.	Interest appears surface-level or driven by external influences.
Self Awareness	2. Tell me about a time you failed and how you learned from it.	Expresses maturity and resilience. Demonstrates competence in tasks and an understanding of how actions have consequences.	Displays ability to accept minor responsibility; lacks convincing examples.
Leadership	3. Tell me about a time you led a team to a positive outcome.	Demonstrates desire for leadership roles and experience leading.	Shows lack of desire to lead in an impactful way. Displayed minor contributions to others.
Fitness	4. How do you stay in shape? What is your workout routine?	Communicates a track record of consistent physical exertion. Understands the value of “team”.	Exercises inconsistently. Unconvinced that candidate leads a disciplined life.
Time Management	5. Tell me about your typical week. How do you juggle multiple priorities?	Displays experience in managing deadlines and competing priorities with maturity.	Demonstrates lack of depth when thinking through time management, and/or shows vague understanding of handling busy schedule.
Communication	N/A - judged during interview.	Good eye contact and body language; Respectful and articulate. Active listener.	Inattentive, mildly disrespectful, and/or difficult to understand.

Source: BGO Handbook, 2023.